

## Is Your Team Fit for Duty—Or Just Fit on Paper?

Fatigue, stress, distraction — they don't show up on a checklist or a drug test. But they are impairing your workforce right now.

This scorecard will help you uncover the blind spots in your cognitive readiness program—before they become your next safety incident.

Answer honestly. The results may surprise you.

### Section 1: Visibility – *Do you really know who's ready?*

**Objective:** Tie cognitive fitness directly to operational safety and visibility.

1. Do you currently assess mental alertness or focus before every shift?
  2. Can your supervisors detect when someone is cognitively unfit—even if they pass a physical or look fine?
  3. Have you ever been caught off guard by an incident that “came out of nowhere”?
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### Section 2: Protocol Gaps – *Is your system designed to catch invisible risk?*

**Objective:** Highlight whether your policies are stuck in the past, relying only on physical or substance-based checks.

4. Is cognitive health included in your fit-for-duty process today?
  5. Does your current system rely mainly on drug testing, checklists, and observation to determine readiness?
  6. Is your system designed to measure impairment—**regardless of the cause**?
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### Section 3: Incident Patterns – *Are you seeing the signals before they spike?*

**Objective:** Connect your past incidents or near-misses to underlying cognitive causes that may have been missed.

7. Have you seen near-misses or safety events later traced back to distraction or fatigue?
  8. Have you ever had an operator “pass” all checks but still cause a preventable incident?
  9. Do you review cognitive factors when investigating safety or performance failures?
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### Section 4: Leadership Readiness – *Are your people prepared to act on cognitive data?*

**Objective:** Assess how confident and capable your leaders are in recognizing and escalating cognitive risk.

10. Have your leaders been trained on **why** cognitive fitness matters in safety-sensitive work?
11. Are there protocols in place for responding to elevated cognitive risk?
12. Do your supervisors know how to spot and escalate signs of mental fatigue?

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### Section 5: ROI + Prevention – *Is your investment protecting or reacting?*

**Objective:** Identify whether your organization is set up to prevent costly incidents—or just respond after the damage is done.

13. Do you know the true cost of just one safety-related incident in your operation?
14. Are you currently investing in **preventive safety tools**—or only reacting once something happens?
15. Would reducing downtime, human error, or near-misses by 10% be meaningful to your bottom line?

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### Scoring System:

1 point per "Yes" answer. The more "YES" responses, the stronger the company's cognitive readiness program.

- **12–15:** Strong program — still worth reviewing for edge cases
- **8–11:** Moderate exposure — common blind spots may exist
- **0–7:** High exposure — unseen risks likely impacting performance & safety

Score Range	Readiness Level	Interpretation
12–15	Low Risk / Strong Program	You've built strong visibility and proactive cognitive safety practices — but even strong programs benefit from regular reviews to catch edge-case risks or blind spots.
8–11	Moderate Risk / Exposure Exists	You've taken good steps, but your system still leaves gaps. Hidden risks may already be affecting performance or safety — now is the time to level up.
0–7	High Risk / Immediate Attention Needed	Unseen risks likely impacting performance & safety. These are the companies we help the most.

**Book a Demo** – Call Logan today 1 877 343 6869 or

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